

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Hanssens Yash

Coaches: Guldentops Kevin

Coaches: Verluyten Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE WOMEN 15+					Heat:2, starttime: 14:02
Heat: 2/3 Lane : 1 Athlete: WAELPUT ELODIE					Q-time: 01:04:25
PB (25m pool): 01:04.25 Lokeren 28/09/2025					PB (50m pool): 01:07.41 SB: 01:04.25 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.44		01:04.25	
		00:31.44		00:32.81	
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 15+					Heat:2, starttime: 14:02
Heat: 2/3 Lane : 2 Athlete: STESENS EMMA-LOUISE					Q-time: 01:02:93
PB (25m pool): 01:02.93 TEMSE 23/11/2025					PB (50m pool): 01:03.81 SB: 01:02.93 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.47		01:02.93	
		00:30.47		00:32.46	
					

Coach feedback:

Event number: 15: 200M BREASTSTROKE WOMEN							Heat:1, starttime: 14:17
Heat: 1/3 Lane : 4 Athlete: VAN BUNDER INEZ							Q-time: 99:99:99
PB (25m pool): 03:12.96 TEMSE 24/11/2024							PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:43.07		01:33.38		02:23.83	03:12.96
		00:43.07		00:50.31		00:50.45	00:49.13
							

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 15: 200M BREASTSTROKE WOMEN							Heat:3, starttime: 14:25	
Heat: 3/3 Lane : 2 Athlete: DEBRABANDERE LEONIE							Q-time: 03:03:17	
PB (25m pool): 03:03.17 Temse 21/12/2025				PB (50m pool): 03:18.80SB: 03:03.17 Temse 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.57		01:27.11		02:15.38		03:03.17
	00:40.57		00:46.54		00:48.27		00:47.79	
								

Coach feedback:

Event number: 15: 200M BREASTSTROKE WOMEN							Heat:3, starttime: 14:25	
Heat: 3/3 Lane : 4 Athlete: DE JONG SUZAN							Q-time: 02:57:92	
PB (25m pool): 02:57.92 Lokeren 28/09/2025				PB (50m pool): no time SB: 02:57.92 Lokeren 28/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.02		01:26.19		02:13.71		02:57.92
	00:39.02		00:47.17		00:47.52		00:44.21	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN							Heat:3, starttime: 14:39	
Heat: 3/4 Lane : 4 Athlete: EL BOUJADDAYNI DAOUD							Q-time: 02:53:22	
PB (25m pool): 02:53.22 TEMSE 23/11/2025			PB (50m pool): 02:55.94SB: 02:53.22 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.23		01:22.88		02:08.58		02:53.22
	00:38.23		00:44.65		00:45.70		00:44.64	
								

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 15+					Heat:1, starttime: 14:46			
Heat: 1/1 Lane : 4 Athlete: VERLUYTEN LENI					Q-time: 01:06:11			
PB (25m pool): 01:06.11 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:07.58 SB: 01:06.11 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:32.02		01:06.11				
	00:32.02		00:34.09					
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 17: 100M BACKSTROKE WOMEN 15+					Heat:1, starttime: 14:46
Heat: 1/1 Lane : 6 Athlete: SCHELFAUT NELL					Q-time: 01:12:15
PB (25m pool): 01:12.15 T ROSCO 12/10/2025			PB (50m pool): 01:15.29 SB: 01:12.15 T ROSCO 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.01		01:12.15	
	00:35.01		00:37.14		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 15+					Heat:3, starttime: 14:53
Heat: 3/3 Lane : 5 Athlete: MICHELIS SIBE					Q-time: 01:00:40
PB (25m pool): 01:00.40 TEMSE 23/11/2025			PB (50m pool): 01:01.53 SB: 01:00.40 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.36		01:00.40	
	00:29.36		00:31.04		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 15+					Heat:3, starttime: 14:53
Heat: 3/3 Lane : 8 Athlete: DE JONG STAN					Q-time: 01:06:71
PB (25m pool): 01:06.71 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:07.04 SB: 01:06.71 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.32		01:06.71	
	00:32.32		00:34.39		
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 13-14							Heat:3, starttime: 15:18	
Heat: 3/3 Lane : 4 Athlete: KARER MALIK							Q-time: 02:36:63	
PB (25m pool): 02:36.63 Durmehal 28/02/2026			PB (50m pool): 02:40.49SB: 02:36.63 Durmehal 28/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.99		01:15.85		01:59.63		02:36.63
	00:34.99		00:40.86		00:43.78		00:37.00	
								

Coach feedback:

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Event number: 20: 200M MEDLEY MEN 13-14							Heat:3, starttime: 15:18	
Heat: 3/3 Lane : 5 Athlete: AERENS JEF							Q-time: 02:39:34	
PB (25m pool): 02:39.34 Durmehal 28/02/2026				PB (50m pool): 02:42.63SB: 02:39.34 Durmehal 28/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.62		01:16.01		02:02.32		02:39.34
	00:34.62		00:41.39		00:46.31		00:37.02	
								

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+							Heat:5, starttime: 15:34	
Heat: 5/5 Lane : 7 Athlete: WAELPUT THOMAS							Q-time: 01:00:35	
PB (25m pool): 01:00.35 Durmehal 28/02/2026				PB (50m pool): 01:02.34SB: 01:00.35 Durmehal 28/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:28.37		01:00.35				
	00:28.37		00:31.98					
								

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+							Heat:5, starttime: 15:34	
Heat: 5/5 Lane : 8 Athlete: BOODTS GERBEN							Q-time: 01:01:11	
PB (25m pool): 01:01.11 TEMSE 23/11/2025				PB (50m pool): 01:00.97SB: 01:01.11 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:28.37		01:01.11				
	00:28.37		00:32.74					
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:1, starttime: 15:36	
Heat: 1/4 Lane : 5 Athlete: LALOO FÉLINE							Q-time: 02:54:32	
PB (25m pool): 02:54.32 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:47.91 SB: 02:54.32 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.69		01:25.56		02:11.13		02:54.32
	00:40.69		00:44.87		00:45.57		00:43.19	
								

Coach feedback:

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Event number: 23: 200M FREESTYLE WOMEN							Heat:4, starttime: 15:46	
Heat: 4/4 Lane : 2 Athlete: SCHELFAUT NELL							Q-time: 02:22:29	
PB (25m pool): 02:22.15 T ROSCO 20/10/2024				PB (50m pool): 02:24.49SB: 02:22.29 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.98		01:09.61		01:46.79		02:22.15
	00:32.98		00:36.63		00:37.18		00:35.36	
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:4, starttime: 15:46	
Heat: 4/4 Lane : 3 Athlete: VERLUYTEN NIENE							Q-time: 02:16:02	
PB (25m pool): 02:16.02 Lokeren 28/09/2025				PB (50m pool): 02:19.61 SB: 02:16.02 Lokeren 28/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.11		01:05.79		01:41.22		02:16.02
	00:31.11		00:34.68		00:35.43		00:34.80	
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:4, starttime: 15:46	
Heat: 4/4 Lane : 6 Athlete: STESENS EMMA-LOUISE							Q-time: 02:17:74	
PB (25m pool): 02:17.74 TEMSE 23/11/2025			PB (50m pool): 02:22.30SB: 02:17.74 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.53		01:06.48		01:42.43		02:17.74
	00:31.53		00:34.95		00:35.95		00:35.31	
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:2, starttime: 15:53	
Heat: 2/6 Lane : 2 Athlete: EVERAERT MATTHIEU							Q-time: 02:51:63	
PB (25m pool): 02:51.63 TEMSE 23/11/2025			PB (50m pool): 02:42.30SB: 02:51.63 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.39		01:25.15		02:09.02		02:51.63
	00:39.39		00:45.76		00:43.87		00:42.61	
								

Coach feedback:

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Event number: 24: 200M FREESTYLE MEN							Heat:5, starttime: 16:02	
Heat: 5/6 Lane : 6 Athlete: DE JONG STAN							Q-time: 02:07:72	
PB (25m pool): 02:07.72 Sint-Niklaas 28/12/2025				PB (50m pool): 02:08.96 SB: 02:07.72 Sint-Niklaas 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.66		01:02.72		no time		02:07.72
	00:29.66		00:33.06					
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:6, starttime: 16:05	
Heat: 6/6 Lane : 1 Athlete: BOODTS GERBEN							Q-time: 02:03:88	
PB (25m pool): 02:03.88 Gent 23/02/2025				PB (50m pool): 02:03.50SB: 02:07.42 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.23		00:59.86		01:32.11		02:03.88
	00:28.23		00:31.63		00:32.25		00:31.77	
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:6, starttime: 16:05	
Heat: 6/6 Lane : 6 Athlete: MICHIELS SIBE							Q-time: 01:58:86	
PB (25m pool): 01:58.86 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:00.65SB: 01:58.86 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.99		00:57.51		01:28.53		01:58.86
	00:26.99		00:30.52		00:31.02		00:30.33	
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:6, starttime: 16:05	
Heat: 6/6 Lane : 7 Athlete: WAELPUT THOMAS							Q-time: 02:03:50	
PB (25m pool): 02:00.87 Hoogstraten 05/05/2024			PB (50m pool): 02:06.03SB: 02:03.50 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:00.87
	no time							
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 26: 100M BREASTSTROKE MEN 15+					Heat:3, starttime: 16:17
Heat: 3/4 Lane : 5 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 01:16:88
PB (25m pool): 01:16.88 TEMSE 23/11/2025			PB (50m pool): 01:19.27 SB: 01:16.88 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.98		01:16.88	
	00:35.98		00:40.90		
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:1, starttime: 16:21	
Heat: 1/2 Lane : 1 Athlete: DERRE FLEUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 1 Athlete: VAN BUNDER INEZ							Q-time: 02:38:17	
PB (25m pool): 02:38.17 TEMSE 23/11/2025			PB (50m pool): 02:44.61 SB: 02:38.17 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.11		01:17.68		01:58.89		02:38.17
	00:37.11		00:40.57		00:41.21		00:39.28	
								

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 3 Athlete: DE JONG SUZAN							Q-time: 02:28:27	
PB (25m pool): 02:28.27 TEMSE 23/11/2025			PB (50m pool): 02:30.11SB: 02:28.27 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.67		01:11.77		01:50.51		02:28.27
	00:33.67		00:38.10		00:38.74		00:37.76	
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 5 Athlete: VERLUYTEN LENI							Q-time: 02:25:94	
PB (25m pool): 02:25.94 T ROSCO 12/10/2025				PB (50m pool): 02:31.72 SB: 02:25.94 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.91		01:10.73		01:47.89		02:25.94
	00:33.91		00:36.82		00:37.16		00:38.05	
								

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 6 Athlete: VERLUYTEN NIENE							Q-time: 02:28:86	
PB (25m pool): 02:28.86 TEMSE 23/11/2025				PB (50m pool): 02:32.86SB: 02:28.86 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.58		01:12.30		01:50.90		02:28.86
	00:34.58		00:37.72		00:38.60		00:37.96	
								

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 7 Athlete: DEBRABANDERE LEONIE							Q-time: 02:36:68	
PB (25m pool): 02:36.68 Temse 17/11/2025				PB (50m pool): 02:46.23SB: 02:36.68 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.48		01:15.13		01:56.10		02:36.68
	00:35.48		00:39.65		00:40.97		00:40.58	
								

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN							Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 8 Athlete: WAELPUT ELODIE							Q-time: 02:38:38	
PB (25m pool): 02:38.38 T ROSCO 12/10/2025				PB (50m pool): 02:43.37 SB: 02:38.38 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.84		01:17.91		01:58.31		02:38.38
	00:37.84		00:40.07		00:40.40		00:40.07	
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 28: 200M BACKSTROKE MEN							Heat:1, starttime: 16:29	
Heat: 1/2 Lane : 3 Athlete: KARER MALIK							Q-time: 02:49:56	
PB (25m pool): 02:49.56 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:00.53 SB: 02:49.56 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.47		01:23.34		02:07.45		02:49.56
	00:40.47		00:42.87		00:44.11		00:42.11	
								

Coach feedback: